



## THE TALK OF TORRANCE

The Official Bulletin for the Kiwanis Club of Torrance  
[www.torrancekiwanis.org](http://www.torrancekiwanis.org)

**June 19, 2012**

President: Charlotte Melsh

Editors/Publishers: Dr. Laurie Love & Tony Molino

Photographer: Kay Grundhaus

### VOLUNTEER'S NEEDED – KIWANIS FIREWORK'S BOOTH

**Yellow areas need to be filled in with volunteers. If your name is not on this list and if you are in town please call Laurie Love TODAY and take a 3 hour shift. Family members 18 or older can work.**

#### FIREWORK'S BOOTH SCHEDULE

	10:00 a.m. - 1:00 p.m.	1:00 p.m. - 4:00 p.m.	4:00 p.m. - 7:00 p.m.	7:00 p.m. -10:00 p.m.
<b>THURSDAY</b> June 28 <sup>th</sup>	LaShanda Maze	Laurie Love		
	Tony Goorchenko	Charlotte Melsh		
<b>FRIDAY</b> June 29 <sup>th</sup>	Larry Rudolph	Ryoko Mand	Jennifer Frew	Peter Issa
	Brenda Wong	Laurie Love	Carina Sokolich	
		Nadine Koerner		
<b>SATURDAY</b> June 30 <sup>th</sup>	Peter Issa	Joe Powers		
<b>SUNDAY</b> July 1 <sup>st</sup>	Kay Grundhaus	Dolores Lyttle	Eric Harris	
	Les Grundhaus	Samantha Lyttle		
		LaShanda Maze		
<b>MONDAY</b> July 2 <sup>nd</sup>	Charlotte Melsh	Charlotte Melsh	Ryoko Mand	
	Larry Rudolph	Kay Grundhaus		
<b>TUESDAY</b> July 3 <sup>rd</sup>	Tony Molino	Dan Keeton	Dan Keeton	
	Phil Cook	Tony Molino	Tony Molino	
		Phil Cook	Jennifer Frew	
<b>WEDNESDAY</b> July 4 <sup>th</sup>				

**Fireworks booth located at the S/E Corner of Hawthorne Blvd. & Marine Avenue.**  
 For information contact Laurie Love 310-729-3676 or e-mail to: [laurielove@socal.rr.com](mailto:laurielove@socal.rr.com)

**THIS WEEK'S MEETING:** President Charlotte Melsh opened today's meeting and led the Pledge of Allegiance. Charlotte also selected "Hey Look Us Over" for us to sing. Michael Friedman provided the inspiration. Tony Molino won the card raffle but did not find the Joker. Dolores Lyttle won the 50/50 raffle. Charlotte presented LaShanda Maze with her Kiwanis name badge. Division 19 is selling opportunity drawing tickets for an iPad. Contributions are being used to support Pediatric Trauma. Ryoko Mand reported that a good time was held by all that attended the Interclub with Hawthorne but she prefers being a member with Torrance. Guests today were Lisa Houston with Dave Holper and Lynn Brennan our speaker. Please check announcements in the newsletter to keep informed about important upcoming events. **Please check announcements in the newsletter to keep informed about important upcoming events.**



Lisa Houston with Dave Holper

**Interclubs** – Bob Abelson, Lisa McGinty, and Michael Friedman – There are two more Interclubs. July 18<sup>th</sup> with Hermosa Beach and August with El Segundo. More will be coming about dates next week.



Lynn Brennan

**PROGRAM: Lynn Brennan – Senior Living Dispelling the Myths of Aging**

Lynn Brennan is a successful aging consultant in Southern California with over 20 years' experience working in the health and wellness field. She is also the host on "Senior Living" a television show that informs and entertains. Lynn states that the 50+ age group comprises the fastest growing segment of our population today due to extended longevity. The Baby Boomers (those born between 1945-1965) are now turning 60+ at the rate of 8,000 per day. Boomers defining events are "Howdy Dowdy" on a 12 inch TV screen, the assassination of John F. Kennedy, Woodstock, the Bull Market, the Beatles, Vietnam, and man's first step on the moon. Of the 76 million Baby Boomers in the U.S. today, it is estimated that half of them will live to see their 100th birthday! There are four aspects of aging: Physical, Mental, Spiritual and Activity Level. Lynn had good suggestions for each aspect. *Mental* – she encourages us to use it so we don't lose it. Don't stop thinking. She encourages us to learn a new language, solve puzzles such as Sudoku and crosswords, read, and use a computer. *Physical* – She reminds us of the importance of diet and exercise. Good nutrition is a number 1 priority followed by exercise. *Spiritual* – A faith in God leads to healthy living and longevity. Focus on faith not fear. *Activity* – Do not retire to do nothing. Volunteer, consult, and stay active for a productive life. Learn more at [www.solutionsforseniorliving.com](http://www.solutionsforseniorliving.com).

**MARK YOUR CALENDARS:**

**June 28<sup>th</sup> – July 4<sup>th</sup>:** Fireworks Stand with Lawndale Kiwanis Club

**August 17<sup>th</sup> – 18<sup>th</sup>:** Cal-Nev-Ha District Convention, Santa Clara. Register online now, [www.cnhkiwanis.org](http://www.cnhkiwanis.org)

**September 16<sup>th</sup> –** Torrance Centennial Hometown Parade and dedication of the Torrance Centennial Plaza

**September 21<sup>st</sup> –** Division 19 Installation at the Doubletree

**October 6<sup>th</sup> & 7<sup>th</sup> –** Blocktoberfest

**October 28<sup>th</sup> –** Torrance Centennial Birthday Bash



## FIREWORKS BOOTH

June 28<sup>th</sup> - July 4<sup>th</sup>

10:00 AM - 10 PM Daily

*Southeast Corner of Hawthorne Blvd. & Marine Avenue*

Get Discount Coupons at [www.tntfireworks.com](http://www.tntfireworks.com)

Co-sponsored by Torrance Kiwanis

We are requesting everyone to work at least one 3 hour shift from Thursday June 28<sup>th</sup> to Wednesday July 4<sup>th</sup>. We will get a percentage of the profits based on our participation.

***All proceeds go to Lawndale & Torrance Kiwanis Scholarships and Charities***

**HAPPY & SAD DOLLARS:** **Bob Abelson**– ☺ Dental implant, email exchange with Tony trying to find a Kiwanis Club in Hawaii. He insinuated that he wanted to attend one with teenage girls. **Michael Friedman** – ☺ Guests, speaker ☹ for two really bad jokes. **Tony Goorchenko**– ☺ Lynn being here to speak, Bob wanting to attend a Kiwanis meeting near the University of Hawaii. **Kay Griffith**– ☺ Speaker, to be back ☹ was gone for 16 days and returned to find her refrigerator had stopped working. **Eric Harris** – 5 ☺ \$ Speaker, guests, Boomers contributing to the national debt. **Dave Holper**– ☺ Lisa joining us today, guest speaker, hope to attend the Torrance Centennial Plaza dedication. **Harvey Horwich** – 5 ☺ \$ Informative, not quite old enough for the Roaring 90's club. **Peter Issa** – ☺ Our guests. **Curtis Jones Jr.** – ☺ Guests, speaker, will be going to South Carolina and visiting his grandson for 2 weeks. **Nadine Koerner** – ☺ Guests, speaker, Texas Hold Em was a beginner but make it to the last 2 tables and had a blast. **David Kuroda**– ☺ What Lynn tells us and it is well received especially how a higher power can change a life, an example is Louis Zamperini. **Laurie Love** – ☺ The groundbreaking ceremony for the Torrance Centennial Plaza is today. **Dolores Lyttle**– ☺ Our guests and speaker. **Ryoko Mand** – ☺ Our speaker and guests **LaShanda Maze** – ☺ Guests, getting her badge. **Charlotte Melsh** – 5 ☺ \$ -Guests, pleased to see this club, proud of our outstanding work, next month is her last DCM, upcoming fundraiser. **Tony Molino**– ☺ Lynn here, knew her from Aging in Place, saw Louie Zamperini Saturday, when he was asked if being a POW helped him in life Louie replied it prepared him for 55 years of marriage ☹ Mickey's jokes.  
**Guests:** **Lisa Houston** - ☺ To be a guest, and the speaker. **Lynn Brennan** ☺ Tony Molino was on my show, Kiwanis community work



\$'s – *Michael Friedman, Kay Griffith, David Kuroda, LaShanda Maze*



- Katy Geissert was the first woman elected to City Council. The year was 1972.
- In February 1973, Torrance and the city of Kashiwa, Japan, became Sister cities.



**TORRANCE CENTENNIAL ON-LINE PHOTO CONTEST:** Leadership Torrance 2012, a program of the Torrance Area Chamber of Commerce, in partnership with the City of Torrance is planning a photo contest and photo collection drive in order to capture the City of Torrance's evolution within the last 100 years. We invite you to contribute to the photo contest as one of the Centennial Events and share in our grand milestone in City history. Our mission is to create a rich repository of images that capture the storied history of the City of Torrance depicting the transformation of;community, businesses, schools, recreation, and commerce. Submit photos on or before June 30<sup>th</sup>. Please visit our website [www.OurTorrancePhotos.com](http://www.OurTorrancePhotos.com) for more information or see ad below For questions, please email [LeadershipTorrance2012@gmail.com](mailto:LeadershipTorrance2012@gmail.com).



## RECOGNITION & PRIZES

EXHIBITION AT TOYOTA USA AUTOMOBILE MUSEUM ON JULY 22  
DISPLAYED AT KATY GEISSERT CIVIC CENTER LIBRARY IN NOVEMBER

The Photo Contest is an official Torrance Centennial Event coordinated in collaboration with the Torrance Area Chamber of Commerce, Leadership Torrance 2012 program.



**KIWANIS DISCOUNT:** Anna's Spices is giving Kiwanis Members 10% off their purchase of the World's best spices. Anna Frumes, a San Pedro High graduate and Key Club member who went on to receive a degree from UC Berkley and a graduate degree from Columbia University has traveled the world and has create Anna's Spices.

Anna writes:

*"This is very exciting to me especially since I remember fondly joining Kiwanis regularly for lunches and events with my father. I would be more than happy to add a 10% off for Kiwanis members. In fact I have already added the coupon to my website and it will run until the end of July. So, if and when you can add anything about Anna's Spices to the newsletter, please just note that any orders placed on [www.annaspices.com](http://www.annaspices.com) will receive an extra 10% discount at the checkout when the word KIWANIS is typed into the coupon code section for all member and friends of Kiwanis."*

All my best, Anna Claire Frumes [acfrumes@caa.columbia.edu](mailto:acfrumes@caa.columbia.edu)

We are also looking into a fundraiser where Kiwanis Clubs, Key Clubs and members can sell Anna's Spices and a portion of the sales proceeds will be donated to your Kiwanis Club Foundation or your Key Club/KIWANIS.

## KIWANIS INTERNATIONAL FOUNDATION

### ELIMINATE

Kiwanis eliminating maternal/neonatal tetanus



The **ELIMINATE Project** Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus. This deadly disease steals the lives of 60,000 innocent babies and 30,000 mothers each year. The effects of the disease are excruciating tiny newborns suffer repeated, painful convulsions and extreme sensitivity to light and touch. To eliminate MNT from the Earth by 2015, 129 million mothers and their future babies must be immunized. This requires vaccines, syringes, safe storage, transportation, thousands of skilled staff and more. Eliminating MNT from the face of the Earth will reach the poorest, most neglected mothers and babies with additional lifesaving health care. The end of this one disease means the beginning of better health for so many families. For more info go to [www.kiwanis.org](http://www.kiwanis.org)



## CAL-NEV-HA KIWANIS AND KI FOUNDATION



**The “Kiwanis Doctor” Program:** With the backing of an \$186,000 grant from the Cal-Nev-Ha Foundation trains doctors in the field of Pediatric Emergency Medicine. The doctors that have gone through this program then collaborated with Kiwanis Clubs to provide training in the field of pediatric trauma to paramedics, nurses and physicians in rural areas of the Cal-Nev-Ha District. The goal of the Pediatric

Emergency Medicine Fellowship is simple: Save the lives of children by training doctors about the latest in pediatric treatment. For more info go to [www.cnhfoundation.org](http://www.cnhfoundation.org)

# KIWANIS

One Can Make A Difference



## FUNNY PAGE

### TOP 10 PHRASES NOT TO USE ON YOUR FIRST DATE

10. "not enough evidence to convict"
9. "supposedly no longer contagious"
8. "my team of psychiatrists"
7. "Chianti and fava beans, please"
6. "my buddies from NAMBLA"
5. "autographed David Hasselhoff poster"
4. "I'm fighting my conviction, what I did is legal in Arkansas and Alabama"
3. "my Ryan Seacrest shrine"
2. "I picked this restaurant because they take this Valu-Pak coupon"
1. "I love to cook dinner at home, but the ankle bracelet makes it mandatory"

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## NICE DOGGY



## THE OBJECTS OF KIWANIS

- **TO GIVE** primacy to the human and spiritual, rather than material values of life
- **TO ENCOURAGE** the daily living of the Golden Rule in all human relationships
- **TO PROMOTE** the adoption and the application of social, business and professional standards
- **TO DEVELOP** by precept and example a more intelligent, aggressive and serviceable citizenship
- **TO PROVIDE**, through KIWANIS Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities
- **TO COOPERATE** in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

## Torrance Kiwanis Charities

Since 1988 several local charities and service programs have benefited from the Torrance Kiwanis Fund raising efforts. These charities are as follows:

- ♥ Aging In Place Seniors Program
- ♥ Angels for Sight
- ♥ American Cancer Society
- ♥ American Heart Association - Heart Walk LA
- ♥ Children's Miracle Network
- ♥ Counseling 4 Kids
- ♥ Disaster Relief (Tsunami & Hurricane Katrina)
- ♥ Harbor UCLA Medical Center Santa's Visit
- ♥ Key Leader
- ♥ Kiwanis/Benjamin Aranda III Scholarship Fund
- ♥ Kiwanis CAL-NEV-HA Foundation
- ♥ Kiwanis International Foundation
- ♥ L.A. Dept. of Child Services, Christmas Party
- ♥ Leukemia & Lymphoma Society
- ♥ New Challenge Ministry – Food Bank
- ♥ Pediatric Therapy Network
- ♥ Red Ribbon Week
- ♥ Salvation Army Christmas Bell Ringing
- ♥ Salvation Army Health Faire
- ♥ Special Olympics
- ♥ South Bay Children's Choir
- ♥ St Patrick's Day Charity 10 K Run
- ♥ Switzer Education Center
- ♥ Torrance Coordinating Council Scholarships
- ♥ Torrance Education Foundation
- ♥ Torrance Memorial Hospital Pediatric Unit
- ♥ Torrance YMCA
- ♥ Young Children Immunization Pro

## KIWANIS CLUB INFORMATION



### DIVISION 19 WEEKLY MEETINGS

#### TUESDAY

<b>El Segundo-</b> Hacienda Hotel, 525 Sepulveda Blvd. ....	12:10 PM
<b>Lomita/ Harbor City-</b> 24822 Narbonne Ave. Lomita .....	6:30 PM
<b>Manhattan Beach-</b> Tin Roof Bistro, Manhattan Village Mall.....	12:10 PM
<b>Torrance,</b> Sizzler Restaurant 2880 Sepulveda Blvd. ....	12: 10 PM

#### WEDNESDAY

<b>Carson-</b> Double Tree Hotel-. (1st & 3rd Wed. Only) .....	12:10 PM
<b>Hermosa Beach-</b> 2515 Valley Drive Hermosa Bch. ....	12:10 PM
<b>Lawndale-</b> Hanks Bistro, 14406 Hawthorne Blvd.(1st & 3rd Wed.) .....	12:10 PM
<b>San Pedro,</b> The Whale & Ale Restaurant.....	12:10 PM

#### THURSDAY

<b>Eastview-</b> Sheraton Hotel, Palos Verdes Street, San Pedro.....	8:00 AM
<b>Gardena Valley-</b> Elks Lodge, 1735 W. 162 Street. Gardena .....	12:10 PM
<b>LAX-</b> Renaissance Hotel, 9620 Airport Blvd., at LAX .....	12:30 PM
<b>Rolling Hills/PV-</b> Red Onion Restaurant Rolling Hills Estates.....	12:10 PM

#### FRIDAY

<b>Hawthorne-</b> Nat's Airport Café, Hawthorne Airport .....	12:10 PM
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### INTERNATIONAL & DISTRICT OFFICERS 2011-2012

International President .....	Alan Penn
CAL-NEV-HA District Governor .....	Richard Olmsted
CAL-NEV-HA- District Governor Elect .....	Gary Jander
Division 19 Lt. Governor .....	Tim McDannold
Division 19 Lt. Gov. Elect.....	Mark Waronek
Region 8 Trustee.....	Richard Huhn

### TORRANCE KIWANIS SPONSORED LEADERSHIP PROGRAMS

<u>Club</u>	<u>Member Advisor</u>
North High Key Club.....	John Hernandez
Weekly Meeting - Fridays at Noon	
South High KIWIN'S .....	Eric Harris
Weekly Meeting -Friday at Noon	
Torrance High KIWIN'S.....	Carina Sokolich/Bob Zappelli
Weekly Meeting -Tuesday at Noon	
West High Key Club.....	Michael Friedman
Weekly Meeting – Friday at Noon	
Bishop Montgomery High Key Club.....	Tony Goorchenko
Richardson Middle School Builders Club. ....	Tony Goorchenko

### CLUB INFORMATION

#### CLUB OFFICER 2011-2012

President ..... Charlotte Melsh  
 First V.P. .... Jennifer Frew  
 Second V.P. .... Open  
 Treasurer..... Peter Issa  
 Secretary..... Kay Griffith  
 Foundation Treasurer..... Phil Cook  
 Immediate Past-Pres. .... Kevin Paul

#### BOARD OF DIRECTOR

**2010-2012 TERM**  
 Michael Freidman  
 Laurie Love  
  
**2011-2013 TERM**  
 Christine Elia  
 Curtis Jones, Jr.  
 Carina Sokolich

#### COMMITTEE CHAIR

Newsletter ..... Laurie Love/Tony Molino  
 Santa's Visit ..... Tony Goorchenko  
 Community Service..... Gayle CdeBaca  
 Inter-Club..... Michael Friedman  
 Membership..... Open  
 Toys for the Troops Kids..... Stephanie Yee  
 Club Promotion..... Dave Holper

MEMBER'S NAME	PROFESSION	TELEPHONE	E-MAIL
Abelson, Robert (Rosalie)	CPA	310-320-2020	bobcpa@earthlink.net
*Applegate-McGinty, Lisa (Pat)	Insurance	310-374-1503	lisa.mcginity@verizon.net
Aranda, Laura	State Farm Insurance	310-483-3664	Laura.Aranda.IYF9@StateFarm.com
(H) Callen , Bobbie (Gator)	Retired	310-	
CdeBaca, Gayle (Craig)	Bank Facilities Mgr.	310-375-9000	gcdebaca@malagabank.com
Cook, Phillip (Francine)	CFP	310-545-6700	phil@cookandassoc.com
Elia, Christine (Sam)	Bank Manager	310-530-5800	Christine.elia@owb.com
Friedman, Michael (Ronnie)	Retired Attorney	310-378-0666	mfriedman@cox.net
Frew, Jennifer	Community Events	310-521-4418	jfrew@ghmp.com
* Goorchenko, Tony (Vicki)	Kiwanis Expert	310-534-4524	tonygoorchenko@yahoo.com
Griffith, Kay	Teacher (retired)	310-378-0884	kgriffith@socal.rr.com
* Grundhaus, Kay (Les)	Realtor	310-890-6407	kay@homesbykay.com
Harris, Eric	Attorney	310-540-6877	ericjharris@gmail.com
Hernandez, John (Laura)	Minister	310-320-4171	jhncompres@sbcglobal.net
* Holper, Dave (Lela)	AFLAC Sales Mgr.	310-977-8922	david_holper@us.aflac.com
Horwich, Harvey (June)	Retired	310-316-0882	NONE
Issa, Peter (Roula)	Bank Manager	310-793-0087	pissa@capitalsourcebank.com
* Jones, Jr. Curtis (Elaine)	Global Marketing	310-541-1577	ccjonesjr@gmail.com
Keeton, Dan (Becca)	Church Pastor	310-328-9080	dankeeton@yahoo.com
Koerner, Nadine	Retired Teacher	310-376-2672	nfkoerner@aol.com
Kuroda, David (Alice)	LCSW, Mediation	310-540-9128	dkuroda@gmail.com
* Love, Dr. Laurie (Steve)	College Professor	310-729-3676	laurielove@socal.rr.com
Lyttle, Dolores	Executive Director	310-328-0780	dolores_lyttle@msn.com
Mand, Ryoko	Teacher (retired)	310-787-8185	Rmand1@att.net
Maze, LaShanda	Counseling 4 Kids	310-817-2177	lashanda@counseling4kids.org
Melsh, Charlotte	Bowling Alley Mgr.	310-326-5120	riegermelsh2@aol.com
Mintz, Nathan (Judy)	Satellite Engineer	310-363-2570	nathan.m.mintz@gmail.com
◆ + Molino, Tony (Bambi)	Attorney	323 692-4010	molino@molinolawfirm.com
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* Paul, Kevin (Rosanne)	Business Banking	323-855-3930	Kevinpaul323@yahoo.com
Powers, Joe	ADT Security	213-537-6878	Joe.powers.us@hotmail.com
Sokolich, Carina (Robert)	CR Director	310-328-0812	karins6666@sbcglobal.net
* Sousa, Manuel (Christine)	Court Reporter	310-372-1111	manny@sousa.com
(H) Thompson, Kathleen	Controller (Retired)		khthompson@cox.net
Yee, Stephanie	Catering Mgr.	310-765-4424	startraveller_1@yahoo.com
Zappelli, Bob (Becky)	Printing	310-328-3055	minutemanbobz@aol.com



◆ Past Lt. Governor/Past Club President, \*Past President, + Life Member, H Honorary,  
 ( ) Member's Spouse