

## THE TALK OF TORRANCE

*The Official Bulletin for the Kiwanis Club of Torrance*

### September 8, 2015

[www.torrancekiwanis.org](http://www.torrancekiwanis.org)

facebook

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President: Carina Sokolich

Photography: Kay Grundhaus & Dave Holper

**TODAY'S MEETING** President-elect Steve Makshanoff opened today's meeting, Charlotte Svolos led the Pledge of Allegiance, Gayle CdeBaca chose "You're a Grand Old Flag" for the Kiwanis Choir to sing, and Milton Herring provided the inspiration. Guests today were Amanda Bar, our speaker; Todd Stauder with Pacific Sports; and Sandra Chow with the Tutoring Center. Tony Molino inducted new members Nick Svolos and Ester Kim. Each was given the opportunity to share something. Ester thanked us for the warm welcome and is excited to join. She has a soft spot for children and hopes to work with everyone. Nick Svolos also appreciated the warm welcome and is looking forward to doing good stuff and helping us with our website. Amanda Bar won the card raffle and received \$5.00 and someone won the 50/50 raffle. The only late member today was our President Carina Sokolich.

**PLEASE READ THE NEWSLETTER FOR OTHER IMPORTANT ANNOUNCEMENTS.**



Tony Molino inducts Nick Svolos and Ester Kim with the assistance of President Carina.

#### OUR NEWEST TORRANCE KIWANIS MEMBERS

**PHOTO ON LEFT:** Tony Molino inducted our 2 newest members Nick Svolos and Ester Kim.

Please welcome Nick and Ester to our Torrance Kiwanis Family. Special thank you to our new member sponsors, Steve Maksanoff sponsor for Nick Svolos and Tony Molino who sponsored Ester Kim.



KIWANIS IS A GLOBAL ORGANIZATION OF VOLUNTEERS DEDICATED TO IMPROVING THE WORLD ONE CHILD AND ONE COMMUNITY AT A TIME

**TODAY'S PROGRAM: Amanda Bar, Diabetic Alert Dogs.** Amanda has had Type 1 diabetes since the age of two. There are two types of diabetes, type 1 and type 2. Type 2 onset is usually after age 30 whereas Type 1 is recognized in adolescence. Diabetes can be defined as a group of diseases that result in too much sugar in the blood, or high blood glucose. Type 1 is a chronic condition in which the pancreas produces little or no insulin. Type 2 is a chronic condition that affects the way the body processes blood sugar (glucose). Some of the potential complications from diabetes include heart and blood vessel disease, nerve damage (neuropathy), kidney damage (nephropathy), eye damage, foot damage, hearing impairment, skin conditions, and Alzheimer's disease. Diabetic Alert Dogs are trained to alert diabetic owners in advance of low (hypoglycemia) or high (hyperglycemia) blood sugar events before they become dangerous. Amanda's Diabetic Alert Dog's early detection allows her to take the proper steps to return her blood sugar to a normal healthy range. Amanda's service dog provides quality of life by providing independence, companionship, and lifesaving health "alerts". He goes everywhere with her, to work, running a marathon, eating out and even attending a Kiwanis meeting. Amanda demonstrated how her dog actually alerts her by smelling sample of her saliva on gauze taken when her blood sugar was not where it should be. He immediately responded by placing his paw on her thigh and when instructed went and got her test kit.



Amanda Bar and her Diabetic Alert Service Dog Shug

**Amazing!** If you weren't here today you missed a very special presentation.

**HAPPY & SAD DOLLARS:** **Gayle CdeBaca** – ☺ Today's speaker and a great Labor Day. **Tony Goorchenko** – ☺ The speaker and presentation. **Kay Griffith**– ☺ Today's program. **Kay Grundhaus**– ☺ Guests, speaker and new members. **Milton Herring** – ☺ His successful campaign kickoff, thank you Kiwanis for your support, David said the prayer, Curtis took pictures, Kay and Les Grundhaus were there and Laurie was the emcee, today's speaker, new members welcome, golf yesterday at Terranea with his son and 2 grandchildren. **Curtis Jones Jr.** – ☺ What is available for help, wife is leaving to spend time with their daughter and grandchildren, daughter volunteers for JDRF, and to be here. **Ester Kim**– ☺ To be here. **David Kuroda** – ☺ Goes weekly to the cardiologist support where Laurie's husband goes, Amanda you have overcome what some would consider a handicap, Ester is a family law attorney with a heart. **Laurie Love** – ☺ College football, Fight On. **Brad Lyon**– ☺ Speaker today, has been a member for almost a year and this has been the best presentation, amazing, need to appreciate what we have, and college football. **Steve Makshanoff** – ☺ Amanda, Ester and Nick congratulations, Sandra and Todd. **Tony Molino**– ☺ Excellent program, congratulations 2 new members, was at Lake Arrowhead this weekend. **Carina Sokolich** – ☺ The presentation, Sandra and Todd, welcome Nick and Ester, son has been asking to play football and they have now let him. **Charlotte Svolos** - ☺ Son's 8<sup>th</sup> birthday is Thursday. **Nick Svolos** - ☺ To be here.



Kay Griffith, David Kuroda, Carina Sokolich

## MARK YOUR CALENDAR

- ✓ September 12<sup>th</sup> - Richard Sherman Trio Charity Concert at Armstrong Theater.
- ✓ September 15<sup>th</sup> - Jen Harris, South Bay Prevention Coordinator, Interim Behavioral Health Services
- ✓ September 18<sup>th</sup> - Division 19 Installation Dinner at Stub Hub Center, See Tony Goorchenko to RSVP.
- ✓ September 22<sup>nd</sup> - One of our new members Cie Reynolds on Breakthrough Coaching
- ✓ October 10<sup>th</sup> - Torrance Kiwanis Installation Dinner, Alpine Village Restaurant and Oktoberfest.
- ✓ October 11<sup>th</sup> - Pediatric Therapy Network - 20<sup>th</sup> Annual Halloween Ball
- ✓ October 22<sup>nd</sup> - Options for Recovery 25<sup>th</sup> Anniversary Luncheon, Torrance Kiwanis will be honored at this luncheon

*Italic Tuesday Club Meeting*

## **VOLUNTEERS NEEDED THIS SATURDAY & SUNDAY**



## **LA Triathlon At Torrance Beach**

The LA Triathlon is this Sunday at Torrance Beach. Volunteers are needed for sign up on Saturday and to work the race on Sunday.

If you can help please call Detra Jones 310-592-2442 or e-mail at [detraj@gmail.com](mailto:detraj@gmail.com)

For more information about the event go to [www.latriathlon.com](http://www.latriathlon.com)

*Please join us for the*

*Kiwanis Club of Torrance*  
**Annual Installation & Awards Celebration**  
**Saturday, October 10, 2014**



833 W. Torrance Blvd., Torrance California

**5:30 p.m. Social – 6:00 p.m. Dinner**

Great Food, Fun and Drink, Awards Presentation, Installation of Officers

**RSVP to Steve Makshanoff:**

*Members that pay full dues dinner is complementary, guests are \$45*

*Please join us for the*

**Kiwanis Clubs of Division 19**  
*Carson, Eastview, El Segundo, Gardena Valley, Hawthorne, Hermosa, Lawndale, LAX,  
Lomita/Harbor City, Manhattan Beach, Rolling Hills Estates, San Pedro & Torrance*

**Annual Installation Dinner**  
**Friday, September 18, 2014**

***StubHub Center Stadium Club***

18400 Avalon Boulevard · Carson, CA 90746  
on the Campus of California State University, Dominguez Hills

**6:00 p.m. Social – 7:00 p.m. Dinner & Awards**

Time to celebrate Lt. Governor Alan Quon year and induct Lt. Gov. Elect Jackie Acosta


**RSVP to Tony Goorchenko**

310-534-4524 or e-mail [TonyGoorchenko@Yahoo.com](mailto:TonyGoorchenko@Yahoo.com)

**\$40 per person**

**No Host Bar**

## OTHER ANNOUNCEMENTS

Pediatric Therapy Network 



## SAVE THE DATE!

**Sunday, October 11, 2015 4:00 pm-9:00 pm**

**The Depot's 20th Annual Halloween Ball  
benefitting Pediatric Therapy Network**

Hosted by Chef Michael Shafer

Dancing & Dining in front of the Depot Restaurant

1250 Cabrillo Ave, Torrance, under a ghostly white tent!

Event tickets are \$125 per person

**To become a sponsor, donate an auction item, purchase your event  
Tickets and for the latest Halloween Ball news and updates contact:  
Allison Young at 310.328.0276 x202 / [allisony@ptnmail.org](mailto:allisony@ptnmail.org)**

*The Halloween Ball is PTN's largest fundraiser and your participation will help support therapeutic programs and services for 2,500 children with special needs and developmental concerns.*



## TOP 10 CNN RULES FOR THE GOP PRESIDENTIAL DEBATE

10. A candidate must remove an article of clothing every time they utter a fact-check fail whopper.
9. When a red light flashes before the end of a speaker's turn, any candidate is permitted to shoot at it.
8. Each candidate allowed to "deport" one question they don't like.
7. Graphic crawl at the bottom of the TV screen will continuously update to show what percentage of the population has been insulted so far.
6. To accommodate the expanded field of candidates, the audience will now be seated on stage and the candidates will fill the arena seats.
5. A candidate who exceeds his allotted time must immediately accept The Donald's challenge of Greco-Roman wrestling or golf cart jousting.
4. Absolutely no references to Erin Burnett's appearance, attire or body parts. Seriously, just don't do it, Donald.
3. Only Carly Fiorina can address someone with the phrase, "You go, girl!"
2. The REALLY conservative candidates must answer in Latin.
1. No rubbing Wolf Blitzer's beard for luck allowed.



## THE OBJECTS OF KIWANIS

- **TO GIVE** primacy to the human and spiritual, rather than material values of life
- **TO ENCOURAGE** the daily living of the Golden Rule in all human relationships
- **TO PROMOTE** the adoption and the application of social, business and professional standards
- **TO DEVELOP** by precept and example a more intelligent, aggressive and serviceable citizenship
- **TO PROVIDE**, through KIWANIS Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities
- **TO COOPERATE** in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

## Torrance Kiwanis Charities

Since 1988 several local charities and service programs have benefited from the Torrance Kiwanis Fund raising efforts. These charities are as follows:

- ♥ Aging In Place Seniors Program
- ♥ Angels for Sight
- ♥ American Cancer Society
- ♥ American Heart Association - Heart Walk LA
- ♥ Children's Miracle Network
- ♥ Counseling 4 Kids
- ♥ Disaster Relief (Tsunami & Hurricane Katrina)
- ♥ Friends of Torrance Exceptional Athletes
- ♥ Harbor UCLA Medical Center Santa's Visit
- ♥ Key Leader
- ♥ Kiwanis/Benjamin Aranda III Scholarship Fund
- ♥ Kiwanis CAL-NEV-HA Foundation
- ♥ Kiwanis International Foundation
- ♥ L.A. Dept. of Child Services, Christmas Party
- ♥ Leukemia & Lymphoma Society
- ♥ New Challenge Ministry – Food Bank
- ♥ Pediatric Therapy Network
- ♥ Red Ribbon Week
- ♥ Salvation Army Christmas Bell Ringing/Health Faire
- ♥ Special Olympics
- ♥ South Bay Children's Choir
- ♥ St Patrick's Day Charity 10 K Run
- ♥ Switzer Education Center
- ♥ Torrance Coordinating Council Scholarships
- ♥ Torrance Education Foundation
- ♥ Torrance Memorial Hospital Pediatric Unit
- ♥ Torrance Police Officers Association
- ♥ Torrance YMCA
- ♥ Young Children Immunization Program

## KIWANIS CLUB INFORMATION



### DIVISION 19 WEEKLY MEETINGS

#### MONDAY

Manhattan Beach- Tin Roof Bistro, Manhattan Village (2<sup>nd</sup> Monday Only) .....5:30 PM

#### TUESDAY

El Segundo- Hacienda Hotel, 525 Sepulveda Blvd. .... 12:10 PM

Lomita/ Harbor City- 24822 Narbonne Ave. Lomita .....6:30 PM

Torrance, Sizzler Restaurant 2880 Sepulveda Blvd. ....12: 10 PM

#### WEDNESDAY

Carson- Double Tree Hotel (1<sup>st</sup> & 3<sup>rd</sup> Wed. Only) ..... 12:10 PM

Hermosa Beach- 2515 Valley Drive Hermosa Bch. ....12:10 PM

Lawndale-Community Center, Brown Bag Lunch.(1<sup>st</sup> & 3<sup>rd</sup> Wed.) .....12:10 PM

San Pedro, The Whale & Ale Restaurant.....12:10 PM

#### THURSDAY

Eastview- Sheraton Hotel, Palos Verdes Street, San Pedro..... 8:00 AM

Gardena Valley-Elks Lodge, 1735 W. 162 Street. Gardena ..... 12:10 PM

LAX- Renaissance Hotel, 9620 Airport Blvd., at LAX ..... 12:30 PM

Rolling Hills/PV- Red Onion Restaurant Rolling Hills Estates..... 12:10 PM

#### FRIDAY

Hawthorne- Western Credit Union, 14500 Aviation Blvd. ....12:10 PM

### INTERNATIONAL & DISTRICT OFFICERS 2014-2015

International President ..... Dr. John Button

International President –Elect..... Susan Petrisin

CAL-NEV-HA District Governor ..... Alan Guire

CAL-NEV-HA- District Governor Elect ..... Cherice Gilliam

Division 19 Lt. Governor ..... Alan Quon

Division 19 Lt. Gov. Elect..... Jackie Acosta

Region 8 Trustee..... Joni Ackerman

### TORRANCE KIWANIS SERVICE LEADERSHIP PROGRAMS

North High Key Club..... Weekly Meeting - Fridays at Noon

South High KIWIN'S .....Weekly Meeting -Friday at Noon

Torrance High KIWIN'S.....Weekly Meeting -Friday at Noon

West High Key Club..... Weekly Meeting – Friday at Noon

Bishop Montgomery High Key Club .....Weekly Meeting – Wednesday 11:50 AM

Richardson Middle School Builders Club. .... Weekly Meeting – Tuesday 3:00 PM

### CLUB INFORMATION

#### CLUB OFFICERS 2014 - 2015

President ..... Carina Sokolich  
 President-Elect ..... Steve Makshanoff  
 Vice-President..... Milton Herring, Sr.  
 Treasurer..... Peter Issa  
 Secretary..... Open  
 Foundation Treasurer..... Phil Cook  
 Immediate Past-Pres. .... Christine Elia

#### BOARD OF DIRECTORS

##### 2013-2015 TERM

Charlotte Melsh  
 Laurie Love

##### 2014-2016 TERM

Jennifer Frew  
 Curtis Jones, Jr.  
 Brad Lyons

#### COMMITTEE CHAIR

Santa's Visit ..... Tony Goorchenko  
 Texas Hold 'Em..... Steve Makshanoff  
 Membership..... Kay Grundhaus  
 Toys for the Troops Kids..... Jennifer Frew  
 TACC Business Expo ..... Carina Sokolich  
 Relay for Life.... Charlotte Melsh/Kay Griffith  
 FTEA (Special Olympics)...John Hernandez  
 Newsletter.....Laurie Love & Tony Molino

MEMBER'S NAME	PROFESSION	TELEPHONE	E-MAIL
Abelson, Robert (Rosalie)	CPA	310-320-2020	bobcpa@earthlink.net
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♦ + Molino, Tony (Barbara)	Attorney	323 692-4010	molino@molinolawfirm.com
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Shiosaki, Craig	Torrance Police Officers Association	310-325-8762	CShiosaki@torranceCA.Gov
Sokolich, Carina (Robert)	CR Director	310-328-0812	Carina_sokolich@yahoo.com
* Sousa, Manuel (Christine)	Court Reporter	310-372-1111	manny@sousa.com
Svolos, Charlotte (Nick)	Special Education Teacher	310-701-4864	panachejams@gmail.com
Svolos, Nick (Charlotte)	Computer Technician	310-995-9417	nsvolos@gmail.com
(H) Thompson, Kathleen	Controller (Retired)	N/A	khthompson@cox.net
(H) Vo, Chuong (Traci)	Torrance Police Officers Association	310-755-4266	cvo@torranceca.gov
Yee, Stephanie	Catering Mgr.	310-765-4424	startraveller_1@yahoo.com

♦ Past Lt. Governor/Past Club President, \*Past President, + Life Member, H Honorary, ( ) Member's Spouse