

THE TALK OF TORRANCE

The Official Bulletin for the Kiwanis Club of Torrance

OCTOBER 20, 2015

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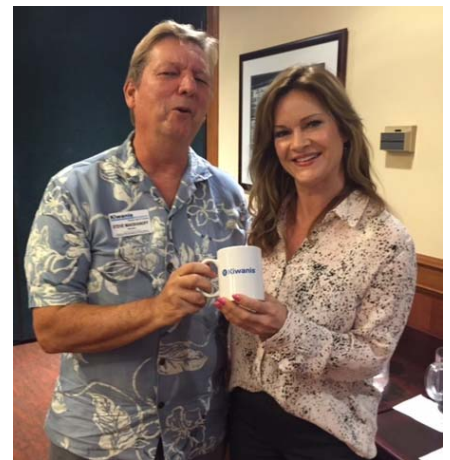
www.torrancekiwanis.org

Editors/Publishers: Dr. Laurie Love & Tony Molino, Esq.

President: Steve Makshanoff

Photography: Club Members

TODAY'S MEETING President Steve Makshanoff opened today's meeting, Gayle CdeBaca led the Pledge of Allegiance, Brad Lyon chose "God Bless America" as today's song, and Milton Herring provided the inspiration. Guests today were Joe Rust with Skillastics/Fitivities and our presenter Khryste Langlais. Dave Holper arrived to the meeting late. Thank you to members who attended the TACC Business Expo, Brad Lyon, Nadine Koerner, Kay Griffith, Milton Herring, Laurie Love and Steve and Gladys Makshaoff. Also thank you to those who attended the DCM. Thursday we are being honored by the Stork Club, Options for Recovery for supporting them for 20 years. Kiwanis became involved with them through the Honorable Judge Aranda. Saturday is Make a Difference Day. We will be painting the fence at the Madrona Marsh from 8:30 – 11:30. PTN sent a nice thank you for our participation and sponsorship of this year's Halloween Ball. President Steve won the card raffle but did not find the Joker, Tony Molino won the 50/50 and additional winners were Kay Griffith (Stacks gift card courtesy of Dave Holper) Gladys Makshanoff and Nick Svolos.



President Steve presents a Kiwanis cup to our program speaker Khryste Langlais

PLEASE READ THE NEWSLETTER FOR OTHER IMPORTANT ANNOUNCEMENTS.

MARK YOUR CALENDAR

- ✓ **October 22nd** – Options for Recovery 25th Anniversary Luncheon, Torrance Kiwanis will be honored at this luncheon
- ✓ **October 27th** – *Aktion Club Presentation*
- ✓ **November 16th** - Division Council Meeting, Lomita Kiwanis Clubhouse, 6:00 PM. Torrance will host the meeting.
- ✓ **November 28th** – TMMC Foundation Holiday Festival tree decorating
- ✓ **December 9th & 10th** – Gift wrapping at Barnes & Noble
- ✓ **December 15th** – Santa's visit to Harbor General Hospital, Stork Club and New Challenge Ministries
- ✓ **December 21st** - Division Council Meeting, Lomita Kiwanis Clubhouse, 6:00 PM, Christmas Cheer.

Italic Tuesday Club Meeting



Today's program: Khryste Langlais from Adia, Effective Communication with Older Adults: Civility, Accountability and Connection. Khryste is the Executive Manager of Corporate Education and Community Kinship/Ambassador of Joyful Affinity with Adia. As a former business owner (Baby Cakes) in the South Bay, she has a strong connection to the community and is involved in numerous philanthropic and educational organizations. Her relationship started with Aida through a community outreach program she created to benefit local students and older adults. 7th – 12th grade students from Chadwick came to her bakery where she taught them to make cookies. The students would write messages to the older adults on the cookies. These cookies were then delivered to Adia. Today Khryste provides education to businesses and civic groups designed to increase their ability to communicate, work with and care for older adults in the workplace, community, and home. Khryste's informative presentation covered:

- strategies to connect, increase sensitivity IQ and compassion
- good communication as the foundation for relationships
- language and being impeccable with word selection
- indicators of impaired hearing and strategies to assist
- enhancing communication with older adults who are visually impaired
- cognitive changes in older adults and indicators of cognitive decline
- communicating with memory impaired older adults and
- indicators of mobility/dexterity problems and communicating with older adults with mobility or dexterity problems.



Program speaker Khryste Langlais from ADIA

Adia offers a full range of premium non-medical personal care services custom tailored to the needs and lifestyles of each individual. Our quality services range from basic to highly specialized care of chronic illnesses such as Alzheimer's or Parkinson's disease.

- 👉 24 Hour Care & Live In Care
- 👉 Care Management
- 👉 Companionship Care
- 👉 Hospice Care Support
- 👉 Light Housekeeping
- 👉 Meal Preparation
- 👉 Medication Reminders
- 👉 Activities of Daily Living
- 👉 Personal Care
- 👉 Pet Care
- 👉 Respite Care
- 👉 Transportation



Did you know Adia means The Gift in Swahili? Learn more about Adia at www.adiacares.com.

HAPPY & SAD DOLLARS: **Gayle CdeBaca** – ☺ Sorry she had to leave early. **Tony Goorchenko** – ☺ Attended Santa Monica's installation this weekend, a good DCM last night and Santa Monica was there ☺ workers across the street had put out a sign that said no parking because they were doing some work with the trees and power lines, unfortunately they turned off his power. **Bryan Grageda** – ☺ The presentation and 2 ☺ \$ that the Dodgers lost. **Kay Griffith** – ☺ Presentation with good things to remember, bet Bryan's going to get beat up in the parking lot. **Milton Herring** – ☺ Speaker and the good topic, important to be sensitive as we are all growing older, Dave's endorsement and kinds words, the Expo was a great event. **Dave Holper** – ☺ Best story Tony G. has ever told, hopeful for the Cubbies, proud of Khryste, Milton will be supporting you and can vote in Torrance ☺ late \$. **David Kuroda** – ☺ Appreciated the talk, important to sensitive to others, will proudly wear the button for Milton, I offered him some financial support and he did not want to take it, which shows his character and that he is not a politician but a community servant. **Laurie Love** – ☺ Had my 3 granddaughters for the weekend while my daughter was competing in the Tough Mudder in Vegas. **Brad Lyon** – ☺ Speaker, got to meet her yesterday at the Expo ☺ mother is in an assisted living home in Michigan with dementia, it is sad and what Khryste shared is sad and true. **Gladys Makshanoff** - ☺ The presentation and guests. **Steve Makshanoff** – ☺ Guest speaker and Joe's presentation, to see everybody, DCM's are back, great to learn and get inspired at them ☺ started the meeting late. **Tony Molino** – ☺ Milton has my support but we have to be careful as a non-profit organization in our support of any candidate for political office. **Charlotte Svolos** - ☺ Hope to be well for her events this week, the presentation ☺ her cold. **Nick Svolos**– ☺ Buddy in the hospital with a leg infection and he does not have insurance. **Khryste Langlais** – To see friendly faces from the community. **Joe Rust** - ☺ The presentation, has an 80 year old grandmother and it is good to know how to deal with her.



Joe Rust tells us about a board game for children that gets them exercising. Joe will be back to tell us more about Skillastics/Fitivities



Kay Griffith, Milton Herring, Charlotte Svolos

DON'T FORGET TO SIGN UP FOR OUR ANNUAL SANTA'S VISIT TO HARBOR UCLA



Our Annual Santa's visit to Harbor UCLA General Hospital, the Stork Club and New Challenge Ministries is on December 15th at 9:00 am. All volunteers MUST have a current TB test to make the visit to the hospital. Please contact Tony Goorchenko for more information.

Photos are from our 2014 visit.



HELP US SUPPORT SPECIAL OLYMPICS

Join us for
TIP-A-COP

Thursday, Oct. 22
5-9pm

Local law enforcement officers will trade in their handcuffs to spend the day at Red Robin® restaurants serving you! 100% of the tips you donate to the officers will benefit Special Olympics.

Red Robin®
GOURMET BURGERS AND BREWS

1815 Hawthorne Boulevard | Redondo Beach, CA 90278
Stephen D'Anjou | SDANJOU@TorranceCA.gov

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TOYS FOR TROOPS
HELP AMERICA'S TROOPS
BY DONATING A NEW, UNWRAPPED
TOY OR CLOTHES
TO A SOLDIER'S CHILD



FOR CHRISTMAS

The Torrance Kiwanis will again be a part of this great effort to acknowledge the dedication and service of parents serving in uniform.



Toys for the Troops' Kids Toy Drive benefits units of the National Guard, Air Force, Army Marine Corps and Navy. The overall goal of Toys for the Troops' Kids is to provide two toys per child of every military parent deployed overseas.

With your help, donating new unwrapped toys for children ages 0-16, will give children of deployed parents overseas a happy holiday season.

On Monday November 16th, please bring your donations to the DCM Meeting at the Lomita Kiwanis Hall, where the Torrance Kiwanis will be the host Club. All toys collected that evening along with all of our other donations from local businesses will be driven to the Los Air Force Station in early December. Your club may continue to participate and make donations through November and then make special drop off arrangements.

We welcome all members, friends and families to participate. Set up a Toy Drive at your place of business, talk to any organizations you are a part of to participate, etc.



Contact past Lt. Gov. Laurie Love at
laurielove@socal.rr.com
Or phone: 310-729-3676 with any questions or to
make special drop off arrangements.



OTHER ANNOUNCEMENTS

Counseling4Kids Gifts4Kids 2015

C4K is a mental health agency that touches the lives of more than 1,600 children in foster care annually. This year, close to 20,000 children in Los Angeles County will spend Christmas in temporary placement away from family and friends. Donating a new gift through C4K's Annual Gifts4Kids toy drive is a perfect way to help a child feel loved and experience the magic of Christmas.

Beginning November 1, 2015 – December 11, 2015 donations are welcome at the following drop-off locations:

Counseling4Kids (Burbank Office)
601 S. Glenoaks Blvd Suite 200
Burbank, CA 91502

Counseling4Kids (Torrance Office)
19701 Hamilton Avenue Suite 160
Torrance, CA 90502

**Monetary donations can also be made at
www.Counseling4Kids.org**

If you are interested in planning a gift drive, or would like additional information contact Neslie Akkol at:
(818) 333-8284

GIFT IDEAS:
Sport Balls, Gift Cards for Teens,
Soft Dolls, Toy Cars and Art Supplies!

A 501 (c)(3) nonprofit. Federal Tax ID 95-4628412. The services which Counseling4Kids provides are under an agreement funded by the County of Los Angeles, Department of Mental Health.



TOP 10 COMMENTS FROM MILLENNIALS REGARDING EMPLOYMENT

Submitted by Steve Makshanoff

10. If a job's worth doing, it's too hard.
9. I quit my job working for Nike. Just couldn't do it anymore.
8. I worked very hard to get to where I am in life. An unemployed university graduate.
7. Sure I'm willing to work longer hours at work. As long as they're lunch hours.
6. My first job was working in an orange juice factory, but I got canned, I couldn't concentrate.
5. After that I tried to be a tailor, but I just wasn't suited for it. Mainly because it was a so-so job.
4. I wanted to be a barber, but I just couldn't cut it.
3. I studied a long time to become a doctor, but I didn't have any patients.
2. I became a professional fisherman, but discovered that I couldn't live on my net income.
1. I found being an electrician interesting, but the work was shocking.



THE OBJECTS OF KIWANIS

- **TO GIVE** primacy to the human and spiritual, rather than material values of life
- **TO ENCOURAGE** the daily living of the Golden Rule in all human relationships
- **TO PROMOTE** the adoption and the application of social, business and professional standards
- **TO DEVELOP** by precept and example a more intelligent, aggressive and serviceable citizenship
- **TO PROVIDE**, through KIWANIS Clubs a practical means to form enduring friendships, to render altruistic service and to build better communities
- **TO COOPERATE** in creating and maintaining sound public opinion and high idealism which makes possible the increase in righteousness, justice, patriotism and good will.

Torrance Kiwanis Charities

Since 1988 several local charities and service programs have benefited from the Torrance Kiwanis Fund raising efforts. These charities are as follows:

- ♥ Aging In Place Seniors Program
- ♥ Angels for Sight
- ♥ American Cancer Society
- ♥ American Heart Association - Heart Walk LA
- ♥ Children's Miracle Network
- ♥ Counseling 4 Kids
- ♥ Disaster Relief (Tsunami & Hurricane Katrina)
- ♥ Friends of Torrance Exceptional Athletes
- ♥ Harbor UCLA Medical Center Santa's Visit
- ♥ Key Leader
- ♥ Kiwanis/Benjamin Aranda III Scholarship Fund
- ♥ Kiwanis CAL-NEV-HA Foundation
- ♥ Kiwanis International Foundation
- ♥ L.A. Dept. of Child Services, Christmas Party
- ♥ Leukemia & Lymphoma Society
- ♥ New Challenge Ministry – Food Bank
- ♥ Pediatric Therapy Network
- ♥ Red Ribbon Week
- ♥ Salvation Army Christmas Bell Ringing/Health Faire
- ♥ Special Olympics
- ♥ South Bay Children's Choir
- ♥ St Patrick's Day Charity 10 K Run
- ♥ Switzer Education Center
- ♥ Torrance Coordinating Council Scholarships
- ♥ Torrance Education Foundation
- ♥ Torrance Memorial Hospital Pediatric Unit
- ♥ Torrance Police Officers Association
- ♥ Torrance YMCA
- ♥ Young Children Immunization Program

KIWANIS CLUB INFORMATION



DIVISION 19 WEEKLY MEETINGS

MONDAY

Manhattan Beach- Tin Roof Bistro, Manhattan Village (2nd Monday Only) 5:30 PM

TUESDAY

El Segundo- Second City Bistro, 223 Richmond St., El Segundo..... 12:10 PM

Lomita/ Harbor City- 24822 Narbonne Ave. Lomita6:30 PM

Torrance, Sizzler Restaurant 2880 Sepulveda Blvd.12: 10 PM

WEDNESDAY

Carson- Double Tree Hotel (1st & 3rd Wed. Only) 12:10 PM

Hermosa Beach- 2515 Valley Drive Hermosa Bch.12:10 PM

Lawndale-Community Center, Brown Bag Lunch.(1st & 3rd Wed.)12:10 PM

San Pedro, The Whale & Ale Restaurant.....12:10 PM

THURSDAY

Eastview- Sheraton Hotel, Palos Verdes Street, San Pedro..... 8:00 AM

Gardena Valley-Elks Lodge, 1735 W. 162 Street. Gardena 12:10 PM

LAX- Renaissance Hotel, 9620 Airport Blvd., at LAX 12:30 PM

Rolling Hills/PV- Red Onion Restaurant Rolling Hills Estates..... 12:10 PM

FRIDAY

Hawthorne- Western Credit Union, 14500 Aviation Blvd.12:10 PM

INTERNATIONAL & DISTRICT OFFICERS 2014-2015

International President Susan Petrisin
 CAL-NEV-HA District Governor Cherice Gilliam
 CAL-NEV-HA- District Governor Elect Pete Edwards
 Division 19 Lt. Governor Jackie Acosta
 Division 19 Lt. Gov. Elect..... Laurence Martin
 Region 8 Trustee..... Joni Ackerman

TORRANCE KIWANIS SERVICE LEADERSHIP PROGRAMS

North High Key Club..... Weekly Meeting - Fridays at Noon
 South High KIWIN'SWeekly Meeting -Friday at Noon
 Torrance High KIWIN'S.....Weekly Meeting -Friday at Noon
 West High Key Club..... Weekly Meeting – Friday at Noon
 Bishop Montgomery High Key ClubWeekly Meeting – Wednesday 11:50 AM
 Richardson Middle School Builders Club. Weekly Meeting – Tuesday 3:00 PM

CLUB INFORMATION

CLUB OFFICERS 2015 - 2016

President Steve Makshanoff
 President-Elect Milton Herring, Sr.
 Vice-President..... Open
 Treasurer..... Peter Issa
 Secretary..... Cie Reynolds
 Foundation Treasurer..... Phil Cook
 Immediate Past-Pres. ... Carina Sokolich

BOARD OF DIRECTORS

2013-2015 TERM

Christine Elia
 Laurie Love

2014-2016 TERM

Kay Grundhaus
 John Hernandez
 Curtis Jones, Jr.

COMMITTEE CHAIR

Santa's Visit Tony Goorchenko
 Texas Hold 'Em..... Steve Makshanoff
 Membership..... Kay Grundhaus
 Celebration of Community..... Cie Reynolds
 TACC Business Expo Carina Sokolich
 Relay for Life.....Kay Griffith
 FTEA (Special Olympics)...John Hernandez
 Newsletter.....Laurie Love & Tony Molino

MEMBER'S NAME	PROFESSION	TELEPHONE	E-MAIL
Abelson, Robert (Rosalie)	CPA	310-320-2020	bobcpa@earthlink.net
Akkol, Neslie	Counseling 4 Kids	310-436-8931	Neslie@counseling4kids.org
CdeBaca, Gayle (Craig)	Bank Facilities Mgr.	310-375-9000	gcdebaca@malagabank.com
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* Elia, Christine (Sam)	Bank Manager	310-530-5800	Christine.elia@owb.com
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Herring, Sr. Milton (Cinda)	Retired US Army	310-701-4316	msherring00@gmail.com
* Holper, Dave (Lela)	AFLAC Sales Mgr.	310-977-8922	david_holper@us.aflac.com
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Sokolich, Carina (Robert)	CR Director	310-328-0812	Carina_sokolich@yahoo.com
* Sousa, Manuel (Christine)	Court Reporter	310-372-1111	manny@sousa.com
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(H) Thompson, Kathleen	Controller (Retired)	N/A	khthompson@cox.net
(H) Vo, Chuong (Traci)	Torrance Police Officers Association	310-755-4266	cvo@torranceca.gov
Yee, Stephanie	Catering Mgr.	310-765-4424	startraveller_1@yahoo.com

♦ Past Lt. Governor/Past Club President, *Past President, + Life Member, H Honorary, () Member's Spouse

Torrance Kiwanis meet every Tuesday for Lunch at the Sizzler Restaurant, 2880 Sepulveda Blvd. Torrance California, 90505. For more information about our club and membership please call: **Kay Grundhaus 310-890-6407 • Laurie Love 310-729-3676 • Tony Goorchenko 310-534-4524**